

# CAMP IN A NUT-FREE SHELL!

LOCATION: Sierra College, 5000 Rocklin Road

CAMP DIRECTOR: MIRANDA MCLEMORE

CONTACT INFO: 916.646.2616 / [Rocklin@campedmo.org](mailto:Rocklin@campedmo.org)



## WEEK AND HOURS

January 2<sup>nd</sup> – January 4<sup>th</sup>

Wednesday – Friday, 9AM – 3PM (AM/PM Program: 8-9AM (\$24/wk)/3-6PM (\$48/wk). AM/PM

Program also available “a la carte” for \$15/hr) *Late pickups after 6PM are charged \$2/minute.*

## DROPOFF INSTRUCTIONS

Take the Sierra College Blvd exit off the 80 freeway South, towards Sierra College. You will enter the campus from the East side using the Stadium entrance on Sierra College Blvd (stoplight).

## WHO TO CALL OR WHERE TO GO

- **Arriving Late or Absent:** Call your Camp Director. Please note if you call during rally, the call may go to voicemail. If it does, leave a message and let us know if you need a call back.
- **Lost & Found:** Any items we find will be kept in a “Lost & Found Bin” until the last day of camp at your location.

## KEEPING CAMPERS HEALTHY & SAFE

- **No Nuts Policy:** PLEASE **DO NOT BRING ANY NUT PRODUCTS** (trail mix, peanut butter, granola bars, etc.). We apologize for any inconvenience, but our policy ensures the safety of all our campers with life-threatening allergies. If your child brings nuts in their own lunch or snacks, we will need to take it and call you to bring your child new ones.
- **Tips About Your Child:** If there is something you'd like our staff to know, we suggest calling or emailing your Camp Director directly.
- **Allergies:** All allergies should be indicated on the Medical Information Form. Please also inform your Camp Director of the allergy so they can be instructed on how to deal with any allergic reactions. Please also provide us with a photo of the child attached to instructions, medical documentation and medication for managing a reaction as well. Campers must also be aware of their allergy and instructed not to trade food and to tell a counselor if a reaction does start.
- **Behavior Issues:** If consistent and documented behavioral issues arise that detract from the positive experience of, and/or cause physical harm to other campers and staff; we reserve the right to excuse the child from camp without refund.

## Required Forms:

- **Health & Alternate Contact Information.** Log into your account via the Parents Portal to complete this information. You can find "Alternate Contacts" and "Pick Up Authorization" on your main account page. To fill out your child's health history, click on any camper in your main account, and then click "My Forms" to fill out our “Medical Information” form.
- **Authorized Pick Up List.** Please either log into your account, let the staff member at check-in know or call your Camp Director to add names to your list. Your child will not be allowed to leave camp until we reach a parent or guardian for authorization, unless you indicated on your form that your child can sign themselves out.
- **FAAP (Medications Only).** If your child is bringing medication to camp, please download and print the FAAP form from the Parents Portal. You will also need to log into your account and put this in your online camper information as well. Completed forms must be brought to camp on the first day, along with the medication in the original bottle with your child's name and the dosage clearly legible.
- **Camp Aid.** If your child has special needs and requires an aid at school, we will do our utmost to find a middle school or high school volunteer to help your child at camp. You are also welcome to provide your own. If we cannot find a volunteer by the start of camp, we will ask that you provide one and complete our special aide form online. Forms are available via the Parents Portal.



## SUGGESTED ITEMS TO WEAR AND/OR BRING TO CAMP

- **Sunscreen, Hat and Eco-Friendly Water Bottle** with Drinking Water
- **Change of Clothes** (especially for younger ones – you know why)
- **Closed-Toed Shoes.** Children must wear tennis shoes or secure, closed-toed sandals to camp to reduce the risk of injury to toes. (Crocs or similarly styled shoes are okay as long as they are secure and easy to run in.)
- **Layers.** We strongly suggest dressing in layers. Morning can be cool and your child may be outdoors in the early part of the day.

## EDMO™ EXTRAS YOU WON'T WANT TO MISS

- **Morning Greetings:** Come on in Tuesday and Wednesday morning to meet your child's Camp Instructor and counselors! Each theme and age group has a time to mingle and meet staff, as well as see the campus and program classroom. Thursday: K-2 parents join us 8:15-8:35AM in the EDMO™ Maker Room. Friday: 3-5 parents join us 8:15-8:35AM in the EDMO™ Maker Room. *Please note that Morning Greetings starts and end promptly on time, please give yourself time to park and walk in.*
- **Lunch & Snacks:** You will need to pack a lunch, as well as a morning snack for your child. If your child is staying for our PM program, we recommend packing an additional snack.
- **The EDMO™ Vibe Game:** The EDMO™ Vibe Game promotes character traits like curiosity, generosity and grit that are even more indicative of a child's future success than their IQ. Learn more about this 21<sup>st</sup> Century Life Skills Game under the Parent Resources portion of our website.
- **EDMO™ at Home:** Discover a whole world of science, maker and tech activities for your child to do at home at [home.campedmo.org](http://home.campedmo.org). Explore grade appropriate activities, fun facts, silly jokes, fascinating trivia, and watch incredible hands-on science videos come alive before your very eyes!
- **Theme Day Thursday:** Show off your camp spirit every Thursday by getting a little extra "dressed up" for Theme Day! This week it's Favorite Costume on Thursday!
- **T-Shirt Challenge.** Earn a "Plus Card" in our EDMO™ Vibe Game by completing the T-Shirt Challenge of the Week. This week's challenge is: Post a pic of your camper in their EDMO™ t-shirt spelling EDMO™ with found objects. Learn more on our website.



### WHAT TO EXPECT AT BREAK CAMP

Aside from experiencing lots of ingenious fun at camp, parents can expect their child will follow a schedule similar to this during their day at camp.

DAY/TIME	ACTIVITY
8:00-9:00AM	AM Program
8:50-9:00AM	Drop-Off
9:00-9:30AM	Morning Rally
9:30-10:30AM	Game Time
10:30-10:50AM	Snack
10:50-11:50AM	Enrichment 1
11:50AM-12:25PM	Lunch
12:30-1:30PM	Enrichment 2
1:35-2:35PM	Team Time
2:40-3:00PM	Closing Rally
3:00-3:15PM	Pick-Up
3:15-6:00PM	PM Extended Day, PM Snack & Free Play

Parents will also receive an email from their Camp Director each day with highlights and photos of camp activities, reminders for the week and links for resources to extend your child's learning.

**If there's anything we can do to make your child's camp experience more enjoyable, please call the home office at 415.282.6673 or 877.993.6673.**